

## DEPARTMENT FOR CONTINUING EDUCATION

Rewley House, 1 Wellington Square, Oxford, OX1 2JA  
Tel: +44 (0)1865 270360 Fax: +44 (0)1865 280760  
enquiries@conted.ox.ac.uk www.conted.ox.ac.uk



### READING LIST

---

Course Title: Introduction to Counselling  
Location: Ewert House, Oxford  
Term Dates: 23 Jan 2024 to 26 Mar 2024  
Tutor: Laura McDonald

The reading list below was supplied by the course tutor.

If you have enrolled on a course starting in the autumn, you can become a borrowing member of the Rewley House library from 1st September. If you are enrolled on a course starting in other terms, you can become a borrowing member once the previous term has ended. For example, students starting in January can join the Library in early December and those starting in April can join in early March.

If you are planning to purchase any books, please keep in mind that courses with insufficient students enrolled will be cancelled. The Department accepts no responsibility for books bought in anticipation of a course running.

### Preparatory Reading List

*The items on this list are to give you some background to the materials and ideas that we will be covering on the course.*

Author	Title
Dryden, W. (2010)	<i>Counselling in a Nutshell (2nd edn. SAGE Publications.)</i>
Grosz, S. (2013)	<i>The examined life: How we lose and find ourselves (W W Norton &amp; Co.)</i>
Yalom, I. D. (1989)	<i>Love's executioner: And other tales of psychotherapy (Basic Books)</i>