

## DEPARTMENT FOR CONTINUING EDUCATION

Rewley House, 1 Wellington Square, Oxford, OX1 2JA  
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## READING LIST

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Course Title: Understanding the Self: Creating a self-appraisal biography  
Location: Ewert House, Oxford  
Term Dates: 30 Sep 2025 to 02 Dec 2025  
Tutor: Alice Sawyerr

The reading list below was supplied by the course tutor.

If you have enrolled on a course starting in the autumn, you can become a borrowing member of the Rewley House library from 1st September. If you are enrolled on a course starting in other terms, you can become a borrowing member once the previous term has ended. For example, students starting in January can join the Library in early December and those starting in April can join in early March.

If you are planning to purchase any books, please keep in mind that courses with insufficient students enrolled will be cancelled. The Department accepts no responsibility for books bought in anticipation of a course running.

### Preparatory Reading List

*The items on this list are to give you some background to the materials and ideas that we will be covering on the course.*

Author	Title
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Adam-Bagley, C., Abubaker, M., & Sawyerr, A.	<i>Personality, work-life balance, hardiness, and vocation: a typology of nurses and nursing values in a special sample of English hospital nurses. Administrative Sciences, 8 (4), 79-85</i>
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Adam-Bagley, Chris, Mahmoud Abubaker & Alice Sawyerr	<i>Developing Social Science and Religion for Liberation and Growth (238 pp). (2023, Ethics International Press.)</i>
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Adam-Bagley, Chris., Mahmoud Abubaker & Alice Sawyerr	<i>Retelling Our Stories through Social Science: Abraham Maslow, Religion and Human Transcendence. Open Journal of Social Sciences, 11 (2023) (8), 36-60</i>
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### Course Reading List

*The items on this list are to support your learning while you are taking the course.*

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Author	Title
Mruk, Chris	<i>Feeling Good by Doing Good, A Guid to Authentic Self-Esteem and Well-Bing. (Oxford, 2023)</i>
Sawyerr, A. & Adam-Bagley, C.	<i>Equality and Ethnic Identities: Studies of Self-Concept, Child Abuse and Education in a Changing English Culture. Leiden: Brill – Sense Education Series (2017)</i>
Sawyerr, A., & Adam-Bagley, C.	<i>Child sexual abuse and adolescent and adult adjustment: A review of British and world evidence, with implications for social work, and mental health and school counselling. Advances in Applied Sociology, 7 (1), 1-15 (2017)</i>
Sawyerr, Alice. & Chris Adam-Bagley	<i>Can Prior Sexual Abuse Explain Global Differences in Measured Self-Esteem in Male and Female Adolescents? Children (2023, 10(2), 276.)</i>