

## DEPARTMENT FOR CONTINUING EDUCATION

Rewley House, 1 Wellington Square, Oxford, OX1 2JA  
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### READING LIST

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Course Title: Systemic Family and Couple Therapy: An Introduction  
Location: Ewert House, Oxford  
Term Dates: 21 Apr 2026 to 23 Jun 2026  
Tutor: Alice Sawyerr

The reading list below was supplied by the course tutor.

If you have enrolled on a course starting in the autumn, you can become a borrowing member of the Rewley House library from 1st September. If you are enrolled on a course starting in other terms, you can become a borrowing member once the previous term has ended. For example, students starting in January can join the Library in early December and those starting in April can join in early March.

If you are planning to purchase any books, please keep in mind that courses with insufficient students enrolled will be cancelled. The Department accepts no responsibility for books bought in anticipation of a course running.

### Preparatory Reading List

*The items on this list are to give you some background to the materials and ideas that we will be covering on the course.*

Author	Title
Boyd-Franklyn, N.	<i>Black families in therapy : understanding the African American experience. Guilford Press. 2003</i>
Carr, A.	<i>Family Therapy Concepts, Process and Practice. Wiley. 2012</i>
Gorell Barnes, G.	<i>Family Therapy in Changing Times. Palgrave MacMillan. 2004</i>
Rivert, M.	<i>Family Therapy: 100 Key Points and Techniques. 2009</i>

### Course Reading List

*The items on this list are to support your learning while you are taking the course.*

Author	Title
Cooklin, A.	<i>Changing Organisations: Clinicians as Agents of Change. 1999</i>

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- Dallos, R & Draper, R, *An Introduction to Family Therapy: Systems Theory and Practice. Open University.*2010
- Dallos, R. *Systemic Therapy and Attachment Narratives. Routledge.* 2009
- Goldberg, D. & Goodyer, I. *The Origins and Course of Common Mental Health Disorders. Taylor & Francis* 2005
- Mason,B. & Sawyerr, A., *Exploring the Unsaid: Creativity, Risks and Dilemmas in Working Cross-Culturally. Routledge.*2018
- McGoldrick, M. et al *Genograms: Assessment and intervention.* 2008
- Minuchin, S., *Families and Family Therapy. Routledge.* 2012