

## DEPARTMENT FOR CONTINUING EDUCATION

Rewley House, 1 Wellington Square, Oxford, OX1 2JA  
Tel: +44 (0)1865 270360 Fax: +44 (0)1865 280760  
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### READING LIST

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Course Title: Psychopathology: An Introduction  
Location: Ewert House, Oxford  
Term Dates: 22 Apr 2026 to 24 Jun 2026  
Tutor: Sarah Ashworth

The reading list below was supplied by the course tutor.

If you have enrolled on a course starting in the autumn, you can become a borrowing member of the Rewley House library from 1st September. If you are enrolled on a course starting in other terms, you can become a borrowing member once the previous term has ended. For example, students starting in January can join the Library in early December and those starting in April can join in early March.

If you are planning to purchase any books, please keep in mind that courses with insufficient students enrolled will be cancelled. The Department accepts no responsibility for books bought in anticipation of a course running.

### Preparatory Reading List

*The items on this list are to give you some background to the materials and ideas that we will be covering on the course.*

Author	Title
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Johnstone, L. (2022)	<i>A Straight Talking Introduction to Psychiatric Diagnosis (2nd Edition).</i>
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Pilgrim, D (2022)	<i>Key Concepts in Mental Health (6th Edition).</i>
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Rudd, B.	<i>Introducing Psychopathology.</i>
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### Course Reading List

*The items on this list are to support your learning while you are taking the course.*

Author	Title
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American Psychiatric Association (2022)	<i>Diagnostic and Statistical Manual of Mental Disorders (5th Edition, Text Revision)</i>
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Anderson, S., Cryan, J. and Dinan, T.	<i>The Psychobiotic Revolution (2017 National Geographic)</i>
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- Appignanesi, L. *Mad, Bad and Sad: A History of Women and the Mind Doctors From 1800 to present.*
- Bentall, R. *Doctoring the Mind: Why Psychiatric Treatments Fail.*
- Coles, S., Keenan, S. & Diamond, B. *Madness Contested: Power and Practice.*
- Cozolino, L. (2017) *The Neuroscience of Psychotherapy: Healing the Social Brain (3rd Edition.)*
- Cromby, J., Harper, D. & Reavey, O. *Psychology, Mental Health and Distress.*
- Double, D. *Critical Psychiatry: The Limits of Madness.*
- Frances, A. *Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life.*
- Hesse, Randolph *Good Reasons for Bad Feelings: Insights from the Frontier of Evolutionary Psychiatry (2020)*
- Johnstone, L & Dallos, R. (2013) *Formulation in Psychology and Psychotherapy: Making Sense of People's Problems (2nd Edition).*
- Kinderman, P. *A Manifesto for Mental Health: Why We Need a Revolution in Mental Health Care. (2019 Palgrave Macmillan)*
- Lee, A. & Irwin, R. *Psychopathology: A Social Neuropsychological Perspective*
- Moncrieff, J. *The Myth Of The Chemical Cure: A Critique Of Psychiatric Drug Treatment.*
- Moodley, R. *Critical Psychiatry and Mental Health: Exploring the Work of Suman Fernando in Clinical Practice.*
- Oyebode, F. (2022) *Sims' Symptoms in the Mind: Textbook of Descriptive Psychopathology (7th Edition).*
- Romme, M., Escher, S., Dillon, J. & Morris, M. *Living with Voices: 50 Stories of Recovery.*
- Speed, E., Moncrieff, J. & Rapley, M. *De-Medicalizing Misery II: Society, Politics and the Mental Health Industry.*
- Sperry, L. (2016) *Handbook of Diagnosis and Treatment of DSM-5 Personality Disorders (3rd Edition).*
- Timimi, Sami *Searching for Normal (2025, Fern Press)*
- van der Kolk, B. *The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma.*

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Wilkinson, M.

*Coming into Mind: The Mind-Brain Relationship: a Jungian  
Clinical Perspective.*